

For women who have had at least one career!

DIVA From Perfection to Passion[™] Learning Journey

Retreat & Excursion

Sligo, Ireland

June 21-27, 2009



In the heart of Yeats' country.

Reclaim, Rejuvenate, Revitalize, and Renew Your Life, Your Career, Your Story.

Share a magical and exhilarating experience in community with a small group of engaging, talented women in the “land of heart’s desire.”

You will spend time on the shores of Lough Gill in retreat, directly addressing your deepest desire for a rich and fulfilling identity as well as time on excursion to Galway and Dublin.

Join Divanation founders Leanne Meyer and Frank Lehner for their acclaimed *Perfection to Passion Learning Journey*, an identity development retreat and excursion to Northwest Ireland and Lakelands—the heart of Yeat’s Country.

The intent of the Learning Journey is to provide a structured time of immersion, in a beautiful, special place—far away from the rigmarole of the everyday—where you reclaim and rejuvenate your life, your direction, and your narrative so as to “see” your future path more clearly. The intent is to provide you the time, the experience, the atmosphere, and the room necessary to make real and profound changes in your life.



Retreat

The retreat component of the Learning Journey is a highly reflective, facilitated process through which you free yourself from the exhausting and persistent want to be perfect and everything to everyone. It’s a time of discovery and rediscovery.

You will reflect upon your work, your career, your relationships, and your imagination of your future. You’ll emerge revitalized and renewed, acknowledging, embracing, and cherishing the passions and practices that bring deep meaning and purpose to your life.

Each participant will learn to live her story—an identity narrative that makes sense of past choices, reveals an obtainable and realistic future, and which gives sense-making to what she does day in, day out. This story serves as your living guide to the *you* you want to become. From *Perfection to Passion* addresses foundational themes of vulnerability, risk, commitment, and meaning.

Join a Small Group of Engaging, Talented Women

- 2^{1/2}-day *Perfection to Passion* Retreat
- One day in Dublin
- One day in Galway
- Tour of the Burren and Cliffs of Moher
- Tours in Sligo
-and personal time for reflection and growth



Excursion

Travel, getaway, shoppes....The excursion component of the Learning Journey provides guided times of travel, exploration and relaxation, as balance and pause to the personal and moving retreat process. Dr. Cindy Rothenberger will serve as tour leader: you'll visit Galway, spend a day in Dublin; tour the Burren, experience the Cliffs of Moher.... And, yes, you'll have free time to explore the sites, culture, and activities in and around Sligo.

Accommodations

Innisfree International College and Convention Centre (IIC&CC) Each comfortable and spacious apartment is furnished to the highest standard and equipped with modern conveniences that afford guests absolute privacy. Each apartment block plays host to a terraced roof top, providing a wonderful spot from which to relish the peace and quiet of the surrounding countryside. The sunsets over Lough Gill are spectacular. Each apartment shares a common 'living' area with a fully stocked kitchen. There is a fitness center on site for your convenience. On-site meals are prepared by IIC&CC chefs and served cafeteria style.



The Innisfree International College and Convention Centre sits on the shore of magnificent Lough Gill.



Facilitators

Leanne Meyer and Frank Lehner are the founders of Divanation, LLC, an international identity- and narrative-development business consultancy that focuses on women's leadership.

Leanne Meyer is a facilitator, educator, and coach. Her calling is to help people make sense of their lives through the reclamation of passion and purpose.

Leanne has spent the past twenty years applying and building her change-agent skills in South Africa, England, Ireland, and, now, America. She is a sought-after speaker for keynote addresses, seminars, conferences, and workshops.

Frank Lehner has a long-standing interest in organizational effectiveness and individual engagement in life and work. For more than twenty-five years Frank has been involved in practical applications of storytelling, narrative, and creativity in business, educational, and non-profit settings. As an executive coach, facilitator, and speaker, he is known for his engaging, animated, straightforward, humorous, and a bit unorthodox style.



Tour Leader

Dr. Cindy Rothenberger is the Associate Provost of Carlow University and is also the Dean of the Graduate School. Cindy has lectured extensively in organizational change, program development, and individual growth. During the last ten years

she has lead many groups to Ireland and, most recently, educational development tours in and around Sligo.

You Will Find the *From Perfection to Passion* Learning Journey Meaningful if You:

- Want to redefine your work life.
- Feel that you are in a period of transition.
- No longer are challenged or fulfilled.
- Seek more meaning and clarity in your life.
- Sense it's time for a new direction.
- Feel stuck and long to step anew, utilizing your full range of talents and passions.
- Want to recover your sense of purpose.
- Question your place in life.
- Seek to reclaim your spark and creativity.
- Desire a new career or are eager to design the next phase of your life.
- No longer choose to be everything to everyone and constantly meet other's expectations, and now want to focus on *your* desires, aspirations, and identity.

Cost

\$2751. This includes *Perfection to Passion* tuition and materials, accommodations, on-site meals, chartered excursion travel, bus transport to and from Shannon Airport. Airfare is not included.

Registration: <http://www.divanate.com/ireland.html>
+1 412-478.4060, +1 412-596-7866

Itinerary

Sunday, June 21:

Meet bus at Shannon Airport
Tour Burren and Cliffs of Moher
Travel to the Learning Journey
Retreat Center

Monday, June 22:

Welcome Session 10 a.m.
Retreat 12-4:30 p.m.

Tuesday, June 23:

All-day Retreat

Wednesday, June 24

Excursion to Galway

Thursday, June 25:

Excursion to Dublin

Friday, June 26:

Retreat: 9 a.m.-12:30 p.m.
Tours in Sligo
Closing Banquet

Saturday, June 27:

Transport to Shannon Airport

A detailed itinerary will be included in your registration packet.



Feedback from a Recent *From Perfection to Passion* Learning Journey

"This has been a wonderful experience. It's truly been a journey of self-reflection and introspection. Even though I'm not a 'touchy-feely' person, the group of women that I've met have made the experience extremely comfortable."
—Sherry D

"The retreat was wonderful. You 'guys' did a great job. I think we have all changed and learned about ourselves —'some more than others'. It was good to be able to share with each other; you were great facilitators of these discussions. The work (writing) was a great path to get to where we needed to go."
—Diana C

"It was tough. But it helped me come to terms with some issues that I've been trying to ignore with the hope that they'd resolve themselves on their own. Great talking with this wonderful group of women." —Amy M

"This was such a wonderful presentation and learning opportunity. The facilitators provided such wonderful insight and were so engaging. The structure of the retreat provided meaningful reflection and soul searching to really understand ourselves and use this as a foundation to make us stronger leaders and inspirations to other women."
—Sarah S

"This was truly inspirational, as it allowed me to re-find my purpose both in my personal and professional lives."
—Michelle M

"This was the first time I have ever 'journaled' my thoughts and I found this to be a very eye-opening experience. I really valued the experience/expertise of the facilitators. I came into the retreat very open-minded and really believe my expectations were met."
—Sharie Y



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Creativity, New Directions, Independence
For women who have had at least one career!



From Perfection to Passion Learning Journey is \$2751 (USD).

A deposit of \$500 is due at the time of registration.

We suggest that you register before March 15th—we often have more people applying than we have room to accommodate.

Tuition paid in full by May 15, 2009.

To pay by credit card, please provide the appropriate information below or visit our secure website:

SECURE ONLINE PAYMENT

<http://www.divanate.com/ireland.com>

Cancellation: Should you need to withdraw prior to April 20, \$400 of your deposit will be returned. After April 20, any refund depends upon our ability to find someone to fill your place.

In the chance of insufficient enrollment, we reserve the right to cancel the Learning Journey. The final "go" decision will be made as of March 15. Should the tour be cancelled, any deposits or tuition payments received will be immediately refunded.

Registration Information/Questions

+1 412-478-4060 leanne@divanate.com

+1 412-596-7866 frank@divanate.com

Name: _____

Mailing Address: _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Mail or fax registration & payment to:

Divanation, LLC
700 River Avenue
STE 510
Pittsburgh, PA 15212 USA

Fax: +1 412-322-3513

You will receive a confirmation phone call within one business day after receipt of your registration.

Payment in full: \$ 2,751.00

Registration deposit: \$ 500.00
Balance due May 15, 2009

TOTAL Enclosed \$ _____

Payment Method (US Dollars only)

Check (to Divanation, LLC)

Money Order (to Divanation, LLC):

Mastercard Visa

Discover AM EX

Card Holder's Name (as appears on credit card): _____

Billing Address: _____

City _____ State _____ Zip _____

Credit/Debit Card #

Exp. date: Mo. and Yr.

Validation number*

Signature: _____

*Validation No. On the back of your credit card, printed in the white box with your signature, is either your whole credit card number or the last four digits, followed by a three-digit code. Please put these numbers here.